

ASAA NOVEMBER CONNECTIONS

FSLW UPDATE

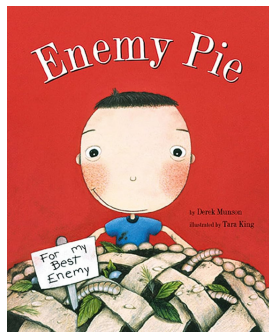
Happy November ASAA families! It is hard to believe we are already in the 3rd month of school! As we step into November, I eagerly anticipate all the experiences and opportunities it has in store for us!

Throughout the year, I will be working closely with classes to deliver lessons on various social and emotional topics, such as feelings, friendships, and empathy. I believe that a strong social and emotional foundation empowers students to navigate the complexities of life with confidence and resilience. I look forward to collaborating with you and your child's teacher to foster a supportive and enriching educational experience.

BOOK OF THE MONTH

Enemy Pie by Derek Munson is a story of friendship where a boy finds out that his enemy is not really an enemy after all, but a friend. Follow along, on Youtube, with Jeremy as he learns how to turn his enemy into a friend simply by spending time with him and getting to know him!

Please see attached Friendship Pie activity.



Important Dates:

November 1st: PD Day, No school

November 10th: Remembrance Day Assembly

November 13th - 17th : Fall Break

SO VERY
thankful
INCREDIBLY
grateful
UNBELIEVABLY
blessed

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EVENTS AND WORKSHOPS

- Follow Bibliothèque de Beaumont Library for the latest events and programs for children. November 14-16 they will be hosting a Drop in Fall Camp for children in grades K-6. Please check out their Facebook Page for more information.
- Beaumont FCSS has partnered with Tacit Knowledge to deliver a series of FREE online Zoom workshops that focus on important mental wellness factors. The upcoming Anxiety/Depression Support Group workshop series teaches fundamental strategies and mindfulness techniques to overcome feelings of anxiety and depression. These learnings are useful for all ages! For more information please check out Beaumont FCSS Facebook page or contact Beaumont FCSS at 780.929.1006 or email fcss@beaumont.ab.ca.



Friendship Pie

Write the ingredients it takes to make a friendship pie!



Ingredients:

A spoonful of being _____

Two dashes of being _____

A pinch of being _____

One squeeze of being _____

Half a cup of being _____

caring

honest



respectful

friendly

kind

trustworthy

helpful

mindful

