ASAA FEBRUARY CONNECTIONS FSLW UPDATE

Hello, ASAA families! February is here, and it's time to give ourselves a little extra love and care. Let's make sure to take a breather and appreciate the amazing individuals we are. Whether it's a living room dance party, a family game night, or simply enjoying a good book, let's dedicate some special moments to self-love. Remember, you're all superheroes in the making, and nurturing your own superpowers is key. Here's to embracing each day with a heart full of positivity and self-appreciation!

BOOK OF THE MONTH

Celebrate Black History Month with the engaging book "<u>Sulwe</u>," by Lupita Nyong'o. This beautifully crafted story promotes self-acceptance and diversity. As we explore Sulwe's journey, let's use this tale to spark conversations about resilience, acceptance, and the richness of Black history and culture. In our school community, "Sulwe" serves as a valuable resource, reminding us that true beauty comes from within.

- 1. Discuss with your child how we can all shine our light.
- 2. Please see attached activity!





CONTACT INFO Miss Ellesor

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EVENTS AND WORKSHOPS

- Friends of Saint Andre and School Council is hosting a Family Movie Night on February 2nd. Please see page 3 for the ad!
- Follow @saintandrebeaumont on Instagram for the latest updates on events happening at the school!

LEADERSHIP CLUB CORNER

- Keep an eye out for the Spirit Day Posters around the school-all made by our wonderful club!
- February 13 Valentine's Day (wear red/pink)
- February 28 Pink Shirt Day

How do you Shine your light?

