

# ASAA JUNE CONNECTIONS

## FSLW UPDATE

Dear ASAA Families, as we wrap up the school year, I want to thank you for your support and partnership. It's been a joy working with your children and witnessing their growth. Summer is a time to relax and recharge. Enjoy quality family time, explore new interests, and make lasting memories. Here are some tips for a healthy summer:

1. **Stay Active:** Encourage outdoor play and physical activities.
2. **Read:** Visit the library or read together as a family.
3. **Stay Connected:** Keep in touch with friends and family.
4. **Practice Mindfulness:** Incorporate relaxation techniques into your routine.
5. **Seek Support if Needed:** Reach out to community resources or mental health professionals if needed.

Thank you for a wonderful year. I look forward to seeing everyone refreshed in the fall.

Have a safe and happy summer!

Let  
Your  
Dreams  
Blossom

## CONTACT INFO

Ms. Ellesar

Email: [ellesar.abboud@starcatholic.ab.ca](mailto:ellesar.abboud@starcatholic.ab.ca)

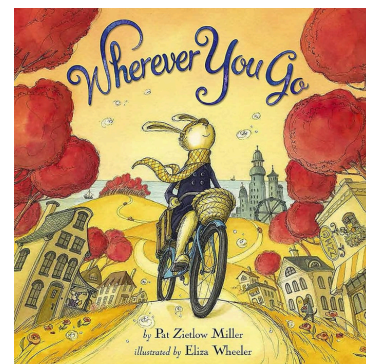
Phone:

780-929-2961

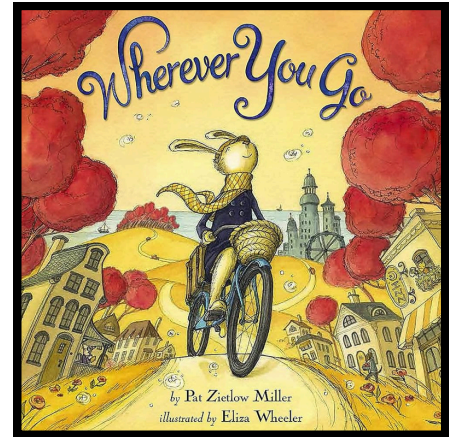
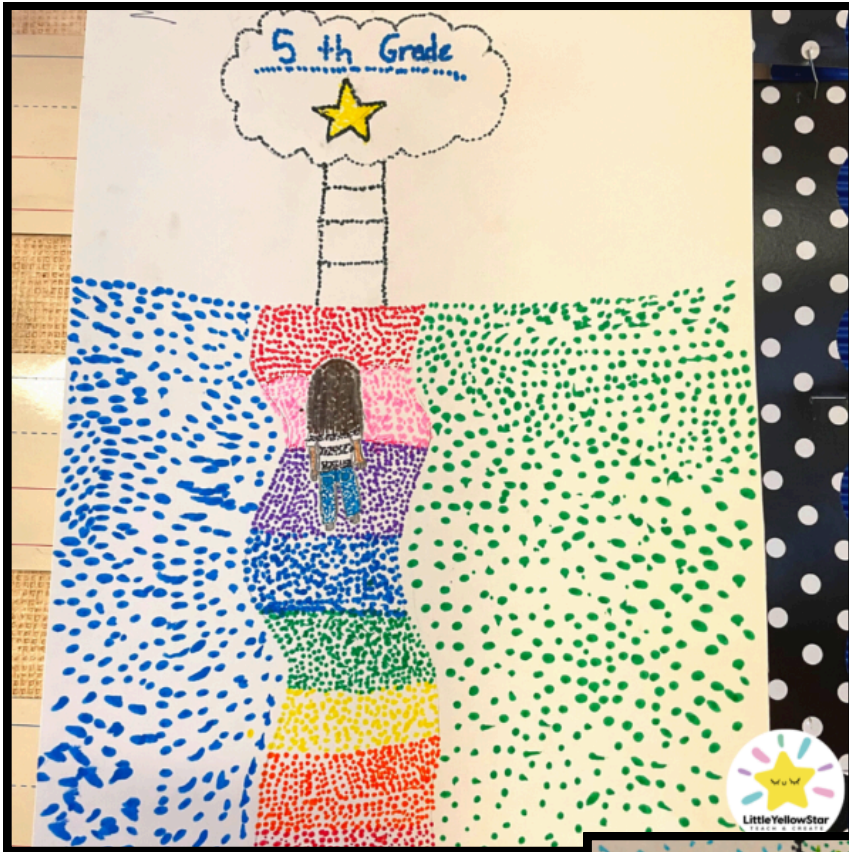
## BOOK OF THE MONTH

"Wherever You Go" by Pat Zietlow Miller is a beautifully illustrated children's book that celebrates life's journeys. The story encourages young readers to embrace the beauty and excitement of new adventures, while finding reassurance in having a place to call home. It highlights the importance of the journey as well as the destination, and the idea that paths can lead to unexpected and wonderful places. As the school year ends, this inspiring read is perfect for students, reminding them to look forward to new experiences and adventures while appreciating the comfort and familiarity of home.

1. Please see attached activity!



# MY NEW JOURNEY POINTILLISM



Create a Pointillist artwork depicting yourself stepping onto a road embarking on a new journey!

